

Red Metal Resources Hires Director, Corporate Communications

THUNDER BAY, ONTARIO--(Marketwire – Dec. 2, 2009) – Red Metal Resources Ltd. (PINK SHEETS:RMES), a resource company focused on growth through acquiring, exploring and developing copper-gold assets in Chile, today announced the appointment of Adam Rabiner to the newly created role of Director, Corporate Communications.

Adam will work out of the Company's Vancouver office and will report to Red Metal's President, Caitlin Jeffs, P.Geo. He will manage all of the investor and public relations at the Company.

Adam has more than 10 years of media, communications and investor relations experience. He joins Red Metal from Berkshire Hathaway-owned Business Wire, a TSX-sanctioned disclosure service provider and the global market leader in commercial news distribution, where he was responsible for that company's business development in BC. Prior to Business Wire, Adam was Director, Investor Relations at Live Current Media Inc. from 2003 to 2008, where he oversaw corporate communications and public relations and led initiatives to increase investor, media and consumer market awareness of the company and its online brands. He holds a BA in Political Science from the University of British Columbia and is a member of the Canadian Investor Relations Institute.

Caitlin Jeffs, Red Metal's President, stated, "As we move ahead with the exploration of our copper-gold assets, we feel that it is an opportune time to begin communicating our strategy and progress with the investment community, our shareholders and the media. We believe that Adam has the expertise and industry relationships necessary to help raise Red Metal's profile among these audiences."

About Red Metal Resources Ltd.

Red Metal is a Thunder Bay-based resource company focused on growth through acquiring, exploring and developing copper-gold assets in Chile. For more information, visit www.redmetalresources.com.

This press release contains forward-looking statements. The actual results could differ materially from a conclusion, forecast or projection in the forward-looking information. Certain material factors or assumptions were applied in drawing a conclusion or making a forecast or projection as reflected in the forward-looking information.